

# Community Action for WASH in Nepal



**Country**  
Nepal

**Key words**  
WASH at community & schools, Drinking water and sanitation infrastructure, Hygiene Practices, Advocacy and policy development

**Beneficiaries**  
Targeted: 60,500  
Achieved: 85,294

**Budget**  
1,122,920 CHF

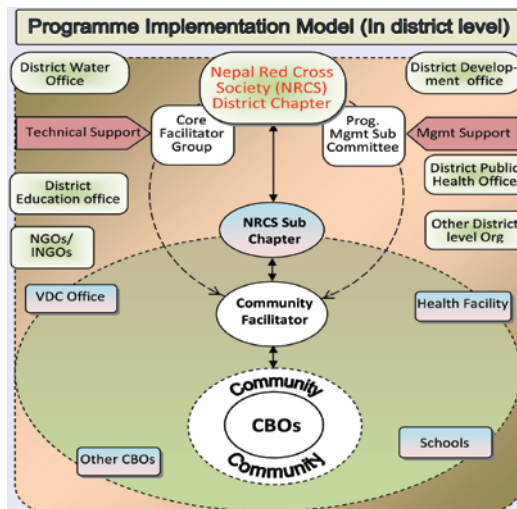
**Contact**  
Raj Kumar Kshetri  
Deputy Programme Director  
Nepal Red Cross Society,  
Community Empowerment for  
Health Promotion (CEHP)  
Programme

+977-81-520255, 522668  
+977-81-520589

info@nrcsceph.org,  
ceph@nrcsceph.org  
www.nrcsceph.org

## Approach, methods and strategy

- Facilitation and advocacy for a functional and strong government system to deliver WASH (Water, Sanitation and Hygiene) services
- Multi stakeholder collaboration to ensure ownership of Water, Sanitation and Hygiene facilities
- Application of CLTS and SLTS approaches outlined in the National Sanitation and Hygiene Master Plan of Nepal Government



- Facilitation to develop and implement district, VDC and school level WASH plans
- Demonstration sessions to practice improved hygiene behavior
- Encouraging people to become a danveer\* to reward/support ultra poor families
- Strengthening and utilizing the capacity of existing CBOs
- Gender sensitive and inclusive approaches such as menstrual hygiene facilities

\* Nepali word translated as 'heroes of the charity'. This title is given to those individual donors at villages who support ultra-poor family with cash or kind to construct toilet.

## Lessons learnt

- Demonstration/Exhibition sessions effectively transferred the knowledge and skill to community people
- Multi stakeholders efforts and advocacy ensured faster changes and easier access to sanitation and hygiene
- Joint monitoring visits supported to disseminate the good practices of the projects to other communities
- The water provision was supportive for proper and correct use of sanitation and hygiene facilities
- Capacity building and mobilization of existing community groups (CBOs) increased the quality of interventions and provided better possibility for sustainability
- Motivation and appreciation to CBOs supported to sustain their actions

## Good Practices

- 'Waste management game' and 'WASH learning game' were effective for the waste management and WASH behavior promotion even in rural communities where literacy rate is low.
- Communal water system with private tap and meter was found an effective approach to increase the ownership and sustainability of the community water system.
- Girls friendly latrine with the provision of sanitary pad at school supported to reduce the absence of girls in school.

## Advocacy & policy

- Through the 'VDC and School WASH plans', the local communities and stakeholders were brought together to implement WASH activities
- Project promoted development and use of reusable sanitary pads in some of the school in the project VDCs, that was rolled out to additional schools following visit of the District Education Officer in the practicing school.
- Project encouraged Water Users' and Sanitation Committee to get legal status and it supported to make 'District Water Resource Committee' active; and WUSC and water source registration policy functional in project districts.
- Private tap and water meter system has been promoted even in rural and hilly areas by the project and replicated by District Water and Sanitation Office and some NGOs in the project districts.